

inside:

Building Demolished  
Page 2

Transportation Study Completed  
Page 3

Awards Given to many  
Page 3



Job Connection



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Spring 2004

# Open House Celebrates Building(s) Completion

Lebanon Reporter

Arc Rehab Services, 900 W. Main St., Lebanon, celebrated the completion of its \$1 million renovation and expansion with an open house in January.



United Way Staff From Left to right, Katherine Saldana, Boone County Coordinator, Mike Garrett, VP of Resource Development, and Bob Rush, Capital Funds Director

Many who attended the event also commemorated Arc Rehab's accomplishments during its 34-year history and recognized the growth its board of directors sees for the future. Mary Jackson, Arc Board Secretary compiled a history monograph for attendees.

Lebanon-based CF Jones Group Inc. and local subcontractors are wrapping up the finishing touches on an expansion project that began last February, more than doubling the size of Arc Rehab's main building -- from about 9,000 square feet to close to 19,000 square feet.

Installing a few fixtures and spreading some caulk "here and there" are all that remain to be done, in a project that's already allowed Arc to eliminate waiting lists from some of its programs, said the facility's top administrator.

"The majority of the project was completed several weeks ago. Now, we're just going through the final 'to-do' or punch list," Executive Director Brent Cardin said. "We had the open house to show the community what we've done and to say, 'thank you' for helping us."



Board Members Lola Gamble, Mary Jackson and Staff Member Tim White prepare for the open house.

The project began three and a half years ago, when the United Way of Central Indiana granted Arc Rehab money for a feasibility study and needs assessment. Arc Rehab's board members came up with three goals.

Continued on page 2

## BALDWIN BUILDING RAZED

Arc Rehab purchased the property at 920 W. Main St. in



Lebanon thanks to donations and a generous contribution from the Robert E.



Baldwin estate, The building on the property was no longer structurally sound and had become a potential safety hazard. After careful research of the property, abatement and



proper disposal of all lead paint, asbestos and underground tank issues, the building was demolished to make way for future projects of the Arc.

Continued from page 1

The first was to expand Arc's services to more people -- making room for those who were on waiting lists for programs, and allowing the busy not-for-profit organization to keep up with countywide growth.

Another goal was to make room for more staff members, particularly for programs like Job Connection, which helps local people with developmental disabilities find and maintain jobs. The third objective was to connect a "campus" of several buildings, so that individuals with limited mobility could easily get from any place in the facility to certain focal points, like its breakroom/conference room and job resource center.

"The whole process was to open everything up for more people," Cardin said. "Basically, we're just trying to keep up with the growth in Boone County."

In the last couple of decades, Arc Rehab has expanded several times, gradually accumulating several buildings in the 800 and 900 blocks of West Main Street; but there has never been an expansion of this magnitude. Arc Rehab board members Paul Bowman and Ken Cross said the board has always looked ahead toward future needs, but didn't think it could afford the type of facility it really needed.

As a United Way agency, though, Arc Rehab was eligible for a 75 percent matching grant for a capital project. The grant was administered by United Way of Central Indiana.

"It was through the generosity of United Way, that we found funding for 75 percent of our project," said board president Bowman. "Otherwise, we never would have been able to do it.

He also credited Home National Bank in Thorntown, a longtime Arc supporter, with helping them set up a low-interest \$244,000 loan, to cover part of the expansion cost.

"Ken Cross (chairman of the Building Committee) did a real good job overseeing the project and making sure everything happened. We were only \$35,000 over budget and that's good for a project of this size," Bowman said.



Board Members Deb Easterday and Jane Cassell serving guests Kevin Jackson and Darrin Gilliam



Staff Janette Proctor and Elisha Hedge greet open house visitors

Cross, who has been a board member for more than 20 years, said the expansion will allow Arc Rehab not only to serve more people with

disabilities, but to meet a broader spectrum of their needs. Many people don't realize just how many people Arc serves, he said.

Cardin said three Arc programs, Mainstreet Enterprises, Personal & Community Services and Job

(continued to page 3)

**Arc Rehab Board of Directors  
2003-2004**

Paul Bowman, President  
Jane Cassell, Vice President  
Jim McCormack, Treasurer  
Mary Jackson, Secretary  
Kenneth Cross  
Lola Gamble  
William Staton  
Deb Easterday  
Charles Williams

Continued from page 2

Connection, are serving 150 individuals. The Women, Infants, Children program provides nutritional food for 572 people; and First Steps serves 174 children with developmental delays, according to recently published Arc documents.

But for Bowman, whose own daughter is an employee at Arc's Mainstreet Enterprises, it's not always about the numbers.

"We have a tremendous staff and great program participants. We're just thankful we could do what we could," he said. "The other day, I had a client in a wheelchair come up and thank me for what we've done to make the building more handicap-accessible. That really does your heart good when the program participants appreciate what we've done for them."

## Local Transportation Study Completed

Lebanon -- Car pooling and trip sharing could help a county transit system get rolling.

According to the Boone County

Transportation Committee, the county could have them both, and keep its ozone, too.

Committee member Brent Cardin of Arc Rehab Services told the Boone County Board of Commissioners that the committee has talked to a number of people throughout the county and has held meetings in both Lebanon and Zionsville to get feedback from residents.

"We are trying to see what is good for the entire county," he said.

"There is an unmet need of transportation services, especially for people with disabilities."



Those conversations were part of a study completed by RLS Associates of Dayton and funded by the United Way of Central Indiana. Some of the points and goals mentioned in the study include coordinating transportation efforts with land use planning countywide; utilizing future transportation planning activities to help Boone County meet long-term air quality requirements; and continuing work toward practical, common sense strategies to make more efficient use of transportation resources.

Greg Smallwood, Lebanon grant administrator, said that with concerns over the county's air quality, public transportation is one possible solution. (continued on page 4)

## Awards Given for 2003

A luncheon held in July and a thanksgiving banquet in November gave us the opportunity to recognize contributions above and beyond the call of duty. Award winners:

MSE Achiever of the Year:

**Becky Oaks**

PCS Achiever of the Year:

**Kathy Odom**

Business of The Year:

**Pearson  
Education**

Community Recognition Award:

**Boone County  
Commissioners  
and Council**

Volunteer of the Year:

**Mike Frasure**

Staff Recognition Award:

**Janette Proctor  
and Tracy Autrey**

Years of Service:

**Karol King (10)**

Congratulations to everyone. It is wonderful to recognize such great achievement.

## Did you Know That....

The Personal and Community Services Department (PCS) has three separate programs?

**Habilitation Training** - Adult Daily Life skill training

**Basic Developmental** - activities for individuals with severe disabilities

**Individual Community Habilitation** - Daily life skill training in your home.

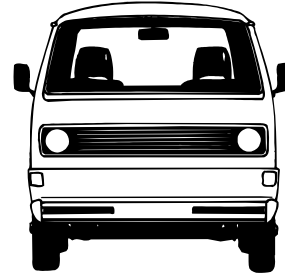
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"It is going to be imperative to preserve the transportation corridors," he said, such as the overlay zones planned for Michigan Road and Interstate 65, which also will be major thoroughfares for a public transit system.

One of the main goals, according to Smallwood, is to pursue local partnership through car pooling and trip sharing. The study called for obtaining, eventually, federal, state and local funding to create a transit system for Boone County. The local system then would link to other transit systems, such as IndyGo buses in Indianapolis. The study calls for a limited transit pilot project to begin within three years.

About a year ago, a county transportation committee began to examine more efficient ways to move residents from where they are to where they need to go.

The committee, which is made up of representatives from the Boone County Chamber of Commerce, Boone County Economic Development Corporation, Witham Health Services, Boone County Senior Services, Arc Rehab Services and United Way of Boone County, in addition to several other organizations, was commissioned to monitor local transit issues.



In 1997, the City of Lebanon completed a study into its transportation needs. The countywide study is

intended to complement Lebanon's study, as well as other regional efforts. A transportation plan that connects Boone County to other counties may be a glimmering hubcab in the future

Arc Rehab Services is Accredited by  
The National Commission on Accreditation of Rehabilitation Facilities (CARF)

# Arc News

Web Page

<http://www.ArcRehab.org>

## Arc Rehab Services

Main Office - 900 W. Main, Lebanon In 46052  
and at 240 S. First Street, Zionsville In 46077



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## inside...

Open House Held.....	Page 1
920 W. Main Building Demolished.....	Page 2
Local Transportation Study Completed.....	Page 3
Awards Recognition.....	Page 3